

Education Recommended for OBS Providers

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To support Health Care Professionals (HCP) who provide care to the antenatal, intrapartum, postpartum and newborn patient in the attainment of the knowledge, skill, competency and confidence to effectively assess, identify and manage presenting risk factors in the maternal, fetal or newborn patient, the following education is recommended by the Maternal Newborn Child & Youth, Strategic Clinical Network.

1. Antepartum and Intrapartum Care Providers (all HCPs)

- a. **Managing Obstetrical Risk Efficiently (moreOB).** All obstetrical HCPs have access to this patient safety and quality improvement program. Registration information is provided through the HCPs respective birthing site. Active participation in moreOB includes:
 - i. Completion of all chapter/modules
 - ii. Annual review of any module/chapter content updates.
 - iii. Participation in moreOB QI activities

- b. **Newborn Resuscitation Provider (NRP).** Biennial certification is recommended for all physicians, midwives and nurses who may be responsible for newborn care in the acute care facility. Courses are offered at Alberta birthing sites.

- c. **Provincial Fetal Health Surveillance**

Initial Education for Clinical Staff New to Fetal Health Surveillance (FHS)

1. Complete the Canadian Fetal Health Surveillance Fundamentals Education Program that consists of independent online learning (online module, exam, and certificate of successful completion) followed by an 8 hour in-person or virtual Fundamentals of FHS workshop.
 - a. The independent online learning manual, exam and certificate of exam completion is available at: <https://ubccpd.ca/fhs-online-manual>



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- i. The Fundamentals of Fetal Health Surveillance Online manual is the pre-reading requirement for 8 hour in-person or virtual workshops. Access is free.
 - ii. Access to individual online exam costs **\$30** and will **expire 3 months from the date of registration**. Bulk purchase of the online exam ranges from \$25 to \$18 per exam, depending on number purchased. Email cpd.info@ubc.ca for bulk purchases.
 - b. Content for the 8 hour in-person or virtual Fundamentals of FHS workshop is developed by the Canadian FHS Steering Committee
2. The teaching team for the Fundamentals of FHS workshop will include at least 1 registered Canadian FHS Instructor. The registered Canadian FHS Instructor **can** use these courses towards his/her required courses to maintain instructor status

Refresher FHS Education

Recommended every 2 years for experienced clinical staff who have already received foundational level education. The Canadian FHS Steering Committee (C FHS SC) recommends that it is delivered to an interprofessional group of intrapartum health care providers whenever possible, ideally with a group of providers who typically work together. To increase interprofessional participation and accessibility, an Alberta Refresher workshop has been developed that meets the requirement for the **Canadian FHS Refresher workshop**.

Alberta FHS Refresher workshop:

1. Complete the Canadian FHS online exam prior to attending the in-person or virtual workshop. Individual exams cost \$30. Bulk purchase of the online exam ranges from \$25 to \$18 per exam, depending on number purchased. Email cpd.info@ubc.ca for bulk purchases.
2. Attend a 90 minute in-person or virtual workshop that includes team review of case studies (includes IA and EFM scenarios) with a focus on teamwork and communication (includes using a bedside communication tool). Ideally, this onsite or virtual workshop should be interprofessional.
3. With the completion of the online exam and 90 minute in-person or virtual workshop participant will receive Canadian FHS Education Program completion certificate that can be used for CME credits. Family physicians will receive 3 MainPro+ and Obstetricians and MFM Specialists will receive 3 MOC Section 2.
4. The Fundamentals of Fetal Health Surveillance Online manual is the pre-reading requirement for FHS Refresher workshops. Access is free.
5. The teaching team for the Alberta FHS Refresher workshop will include at least 1 registered Canadian FHS Instructor. The registered Canadian FHS Instructor **can** use these courses towards his/her required courses to maintain instructor status.

Canadian Fetal Health Surveillance Instructor Course

The Canadian Fetal Health Surveillance Steering Committee develops the Canadian Fetal Health Surveillance Education registration guidelines for providers, instructors, and instructor trainers. Canadian Fetal Health Surveillance Instructor courses in Alberta are offered through the Alberta Perinatal Health Program.

For Fetal Health Surveillance Instructor:

1. Eligibility:
 - a. Physicians, registered nurses, and midwives are eligible to apply.
 - b. Applicants must have relevant and ongoing experience with FHS in the antepartum and intrapartum patient.
 - c. Applicants must have their sponsoring institution support Canadian FHS programming.

2. Pre-requisite:
 - a. Successfully complete the 8 hour Fundamentals of FHS workshop at least 12 months prior to the instructor course, or at the discretion of the Canadian FHS Steering committee.
 - b. Successfully complete the FHS online exam within 12 months prior to the FHS Instructor course.
 - c. Knowledge of current updates, Canadian practices and recommendations and practice changes

3. Registration and Continuing Competency :
 - a. Successfully complete an FHS Instructor Course and mentorship that includes successfully team teaching the 8 hour in-person or virtual Fundamentals of FHS workshop.
 - b. Register as a FHS Instructor with the Canadian FHS Education Program through the UBC CPD based Instructor Portal. Payment of instructor registration fee is required.

4. Renewal of Status:
 - a. Teach at least 3 FHS Provider/Refresher Educational Programs in a 3 year period. A 3-month extension may be granted in exceptional circumstances.
 - b. Successfully complete the FHS online exam within 1 month of the renewal date.
 - c. Renew FHS Instructor status with the Canadian FHS Education Program (via) UBC CPD every 3 years. Payment of instructor registration fee is required.
 - d. Participate in reading/contributing to provincial/territorial committee work; Instructor newsletter and webinar updates

2. Registered Nurses and Licensed Practical Nurses who provide obstetrical and newborn care in the acute care setting.

In addition to the education recommendations identified above, the following obstetrical and neonatal programs are recommended for Registered Nurses and Licensed Practical Nurses who work in the acute care setting:

- a. **Obstetrical Education:** Modules support the foundation of obstetrical orientation for all nurses who provide intrapartum, postpartum and newborn care in an acute care setting. APHP has modified 15 of the HELP modules to allow access on MyLearningLink. These modules can be found by searching “Obstetrics 101”.
- b. **AHS Breastfeeding Course:** This course is recommended for any HCP who provides breastfeeding support to the new mother and registration is through the AHS MyLearningLink site.