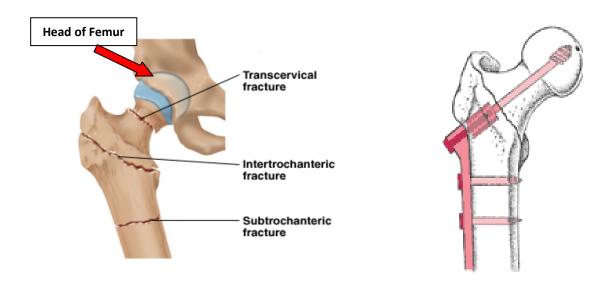


## Sliding Hip Screw or Dynamic® Hip Screw Repair



You have had a repair done with a sliding hip screw or Dynamic® hip screw which involves placing a screw up the femoral neck to the head of the femur then linking it to a plate that runs alongside the femur and is held in place with 1-4 small screws.

## **Movement Precautions**

If pins, screws, nails, or plates were used to repair your broken hip, do not put more weight on the operative side than your Doctor, Nurses or Therapists say you can.

Use a pillow between your legs for comfort when you are lying in bed.

How much weight can you put on your repaired leg:

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