



## Minutes – Addiction and Mental Health Provincial Advisory Council

Saturday, March 16<sup>th</sup>, 2019: 8:30 a.m. – 12:00 p.m.

Acadia Room, Coast Plaza Hotel Edmonton (10155 105 Street)

Addiction & Mental Health Provincial Advisory Council							
<input checked="" type="checkbox"/>	Ariel Haubrich	<input checked="" type="checkbox"/>	Bavie Sara	<input checked="" type="checkbox"/>	Diane MacNaughton	<input checked="" type="checkbox"/>	Kaj Korvela
R	Austin Mardon, Dr.	<input checked="" type="checkbox"/>	Candice Horne	<input checked="" type="checkbox"/>	Emily Macphail	R	Karen Andresen
R	Barbara Murray	<input checked="" type="checkbox"/>	Denise Lambert	<input checked="" type="checkbox"/>	<b>Geoff Tagg, Dr. CHAIR</b>	<input checked="" type="checkbox"/>	Lindy Fors
AHS Permanent Resource Persons							
R	Allison Bichel	R	Barry Andres	R	David O’Brien	<input checked="" type="checkbox"/>	Nick Mitchell, Dr.
Presenters			AHS			Public	
Presenters				AHS		Public	
<input checked="" type="checkbox"/>	Dr. Kathryn Dong	<input checked="" type="checkbox"/>	Mark Snaterse	<input checked="" type="checkbox"/>	Mary Mueller	<input checked="" type="checkbox"/>	Claudia Griebel
<input checked="" type="checkbox"/>	Sara Tomlinson	<input checked="" type="checkbox"/>	Pam Coulson			<input checked="" type="checkbox"/>	Colleen Devine
		<input checked="" type="checkbox"/>	Jason Brown			<input checked="" type="checkbox"/>	Roxane Parsons

Minutes are DRAFT and subject to approval at next meeting of the Addiction & Mental Health Provincial Advisory Council

Agenda Item	Discussion	Action
<b>8.1 CSAMH Addiction &amp; Mental Health Update including Valuing Mental Health</b> <b>Dr. Nick Mitchell</b>	<u>Injectable Opioid Agonist Therapy (iOAT)</u> : Calgary site opened 29 Oct 2018; Edmonton site set to open in Mar/Apr 2019. <u>Addiction Day Conference</u> : Friday, June 7 <sup>th</sup> at Executive Royal Hotel Nisku; theme “Addiction: Addressing Diversity”. Conference will seek to increase public awareness of, and enhance knowledge, competencies and treatment capacity for, the integrated care of addiction and mental health problems.	

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
	<p><u>Addiction Counsellor Practice Standards</u>: launched October 2018; three education modules launched to support Standards.</p> <p><u>Primary Health Care (PHC) Integration</u>: join initiative between AHS provincial PHC and AMH programs to inform integration and coordination of addiction and mental health care within primary health care.</p> <p><u>Alberta Alcohol Strategy (AAS)</u>: working with Alberta Health (AH) and other ministries in support of AAS to promote health perceptions, attitudes and behavior toward alcohol use.</p> <p><u>Alberta Opioid Dependency Treatment (ODT) Virtual Training Program</u>: launched 01 Oct 2018; over 400 enrollments to-date.</p> <p><u>Lunch and Learn</u>: ongoing AMH Knowledge Bites Lunch and Learn series hosted by Provincial AMH team.</p> <p><u>Suicide Prevention Risk Assessment and Management (SPRAM)</u>: project will develop and pilot new curriculum for medical and psychosocial practitioners working in AHS AMH practice settings.</p> <p><u>Postpartum Depression Screening Policy Suite</u>: came into effect 06 Mar 2019. Will improve maternal mental health and that of families through standardized and coordinated PPD screening, referral and surveillance within AHS Public Health Well Child Clinic (WCC) visits.</p>	
<p><b>8.2 Addiction &amp; Mental Health SCN Update including Core Committee</b> <b>Dr. Nick Mitchell</b></p>	<p><u>Repetitive Transcranial Magnetic Stimulation (rTMS)</u>: operating in Edmonton at Alberta Hospital Edmonton; additional machines targeted to launch in Edmonton in Apr and in Calgary in May 2019. rTMS final evaluation report targeted for end of 2021.</p> <p><u>CanREACH</u>: trains family physicians and nurse practitioners to better support child and youth mental health. Demonstrating increased capacity, reduced prescriptions and fewer referrals for specialty services. Funding secured through Alberta Innovates for next two years to provide education for up to 240 additional physicians.</p>	

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
	<p><u>PRIHS 4 Projects</u>: A – Virtual Supervised Consumption – a three-year grant to investigate effectiveness and implementation of a phone-based supervised consumption service; working with City of Calgary, 911 dispatch, CMHA and other partners.</p> <p>B – PACMAN (pediatric acute mental health and addictions care to increase value to children, youth and the healthcare system) – a redesign of processes for addiction and mental health pediatric emergency department visits at Alberta Children’s Hospital and Stollery Children’s Hospital including structured screening tools, waiving of requirement for medical clearance and improved family choice in care.</p> <p><u>eMental Health</u>: final application for funding has been submitted with response expected in Apr 2019.</p>	
<b>1. Approval of Agenda</b>	<p>MOTION to accept Addiction &amp; Mental Health Provincial Advisory Council Agenda 16 March 2019 as circulated: Ariel Haubrich</p> <p>MOTION SECONDED: Bavie Sara</p> <p>MOTION CARRIED with no objections</p>	<b>AHS Addiction &amp; Mental Health Provincial Advisory Council Agenda 16 March 2019 approved as circulated</b>
<b>2. Approval of Minutes</b>	<p>MOTION to accept Addiction &amp; Mental Health Provincial Advisory Council Minutes 01 December 2019 as circulated: Terry O’Riordan</p> <p>MOTION SECONDED: Diane MacNaughton</p> <p>MOTION CARRIED with no objections</p>	<b>AHS Addiction &amp; Mental Health Provincial Advisory Council Minutes 01 December 2018 approved as circulated</b>
<b>3. 2019/2020 Addiction &amp; Mental Health Provincial Advisory Council Work Plan</b>	<p>2019/2020 AHS Addiction &amp; Mental Health Provincial Advisory Council Work Plan DRAFT circulated for review and feedback via email 04 Mar 2019; brought forward for final review. Document reviewed; feedback will be incorporated and FINAL DRAFT circulated for approval.</p>	<b>Crystal Stewart will incorporate feedback as discussed and circulated FINAL DRAFT for AMH PAC final approval.</b>
<b>4. Chair Succession Planning</b>	<p>Council term will close for Chair Dr. Geoff Tagg at 31 May 2020. If interested in Chair role provide name to Crystal Stewart.</p>	<b>Council members interested in the Chair role are to provide their names to Crystal Stewart.</b>

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
<p><b>5. AHS Community Engagement Advisory Councils 2019 Satisfaction Survey</b> Mary Mueller</p>	<p>Advisory Council Annual Satisfaction Survey completed Jan 2019; aggregate results provided. 127 Advisory Council members, representing 16 different councils, provided response. Highlights include high rate of satisfaction with council member role; majority of members felt councils effectively engage with public; and value expressed in bringing the patient voice to AHS discussions. Individual Council results will be available to those with seven or more respondents later in the spring.</p>	
<p><b>6. AMH PAC Top Concerns</b> Mary Mueller</p>	<p>AHS Board has requested Advisory Councils to provide top concerns and AHS actions underway to address. Health Advisory Councils have been providing since mid-2018; PACs will be added beginning in 2019.</p> <p>DISCUSSION – Concerns identified included</p> <p>Stigma within the AHS health system and primary care – stigma exists within the entire health system.</p> <p>Access to services in rural and remote communities – how can AHS improve these services? Can ARCH be expanded to rural/remote?</p> <p>Increase addiction and mental health supports for children and youth – more supports required for education; outcomes of research undertaken.</p> <p>Communication – better communication to destigmatize services. Usability, information.</p> <p>Intervention and support for those not on the diagnosis spectrum – support for prevention and crisis; needed for those in-between.</p> <p>Lack of trained professionals.</p> <p>Addiction services – programs available for fentanyl/opioids; services are required for other drugs (i.e. meth)</p> <p>24/7 Access – prompt access to mental health services; rural ER should provide; walk-in clinics; other mobile services.</p> <p>Better mental health integration with services for physical health – culture shift by clinicians to address mental illness in addiction to</p>	<p><b>Identified priorities will be incorporated into Advisory Councils Top Concerns and provided to AHS Community Engagement Committee of the Board and AHS Board for information.</b></p> <p><b>Top concerns will be a standing item for review at AMH PAC meetings going forward.</b></p>

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
	physical illness. Primary health care; suicide prevention risk assessment and management. Support mental health of service providers.	
<b>7. Advisory Councils Bylaw Review Mary Mueller</b>	Community Engagement developing process for review of Bylaws across Health Advisory Councils and Provincial Advisory Councils.	<b>Emily Macphail will participate in this work on behalf of AMH PAC.</b>
<b>8. Quarterly Reports</b>		
<b>8.1. CSAMH Addiction &amp; Mental Health</b>	<i>Previously addressed</i>	
<b>8.2. Addiction &amp; Mental Health SCN Update including Core Committee</b>	<i>Previously addressed</i>	
<b>8.3. AHS Advisory Councils' Council of Chairs Dr. Geoff Tagg</b>	Meeting held Thu Feb 21, 2019 at AHS Boardroom A, Seventh Street Plaza Edmonton (10030 107 St). Meeting summary provided for review.	
<b>8.4. AMH Policy Working Group on Residential and Addiction Services Terry O'Riordan</b>	Working group continues to review extensive feedback from consultation and revise documents with goal of standardized provincial processes, consistent care and best practice in residential addiction treatment and detoxification services.	
<b>8.5. Patient Safety Quality &amp; Policy Working Group Emily Macphail</b>	Activities underway include psychiatric consult in emergency department timelines; computers on inpatient units; overdose response in Protection of Children Abusing Drugs (PChAD) protective safe house; texting guidelines; observation levels related to Connect Care; antipsychotic monitoring form development; and managing aggression on inpatient units.	
<b>8.6. AHS AMH Advisory Group: Harm Reduction</b>	No report due to regrets received	

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
<b>for Psychoactive Substance Use Policy</b> <b>Timena Osborne</b>		
<b>8.7. Addictions Recovery and Community Health (ARCH) at Calgary PLC</b> <b>Kaj Korvela</b>	No report following presentation Friday, March 15 <sup>th</sup> , 2019	
<b>9. Council Business</b>		
<b>9.1. Supervised Consumption Services and community impact</b> <b>Diane MacNaughton</b>	A site has been selected in Medicine Hat for establishment of Supervised Consumption Services; this has been met with some community dissent. Recommendation for improved consultation and provision of information and education with appropriate stakeholder groups would likely lend to reduction in community challenge.	
<b>9.2. Recommendations for future meeting presentations</b> <b>AMH PAC All</b>	Additions: <ul style="list-style-type: none"> <li>• Austin Mardon: EMPaSchiz (Ensemble algorithm with Multiple Parcellations for Schizophrenia prediction) – Dr. Sunil Kalmady, Dr. Russ Greiner, Dr. Andrew Greenshaw</li> <li>• Geoff Tagg/AMH PAC: Wally Sinclair/AHS Wisdom Council</li> <li>• Terry O’Riordan/AMH PAC: SOGIE PAC</li> <li>• Candice Horne: RCMP, Calgary/Edmonton Police Service education related to mental health call outs</li> </ul>	
<b>10. Adjournment</b>	<b>12:00 p.m.</b>	
<b>11. Next Meeting</b>	Saturday, June 01 <sup>st</sup> , 2019      8:30 a.m. Call to Order Prestige Room, Hampton Inn & Suites Calgary Airport (2000 100 Ave NE)	

12. Meeting Evaluation and Adjournment	<i>MEETING EVALUATION</i> <i>2 received of 10 possible</i>	<i>Strongly Agree</i>	<i>Agree</i>	<i>Neither Agree nor Disagree</i>	<i>Disagree</i>	<i>Strongly Disagree</i>
	<b>Topics were related to the purpose of our Council</b>	2				
	<b>Topics were an effective use of time</b>	2				
	<b>Topics were enjoyable / interesting</b>	1	1			
	<b>Council members were engaged and actively participated</b>	2				
<b>FEEDBACK</b>						
<b>What was the most valuable thing accomplished?</b>						
<ul style="list-style-type: none"> <li>• Work Plan discussion</li> <li>• ARCH presentation</li> </ul>						
<b>What did you enjoy most at this meeting?</b>						
<ul style="list-style-type: none"> <li>• Discussion amongst Council</li> <li>• AHS updates</li> <li>• Seeing everyone</li> </ul>						
<b>What would you recommend to improve future meetings?</b>						
<ul style="list-style-type: none"> <li>•</li> </ul>						
<b>Other comments:</b>						
<ul style="list-style-type: none"> <li>•</li> </ul>						