



Minutes – Addiction and Mental Health Provincial Advisory Council

Saturday, June 16th, 2018: 8:30 a.m. – 3:00 p.m.

Half Great Room, Sandman Hotel Calgary Airport – 25 Hopewell Way NE

Addiction & Mental Health Provincial Advisory Council									
<input checked="" type="checkbox"/>	Ariel Haubrich	R	Bavie Sara	<input checked="" type="checkbox"/>	Diane MacNaughton	<input checked="" type="checkbox"/>	Kaj Korvela	<input checked="" type="checkbox"/>	Monique Maisonneuve
<input checked="" type="checkbox"/>	Austin Mardon, Dr.	<input checked="" type="checkbox"/>	Candice Horne	<input checked="" type="checkbox"/>	Emily Macphail	<input checked="" type="checkbox"/>	Karen Andresen	<input checked="" type="checkbox"/>	Terry O’Riordan
R	Barbara Murray	<input checked="" type="checkbox"/>	Denise Lambert	<input checked="" type="checkbox"/>	Geoff Tagg, Dr. CHAIR	<input checked="" type="checkbox"/>	Lindy Fors	<input checked="" type="checkbox"/>	Timena Osborne
AHS Permanent Resource Persons									
<input checked="" type="checkbox"/>	Allison Bichel	<input checked="" type="checkbox"/>	Barry Andres	<input checked="" type="checkbox"/>	David O’Brien	<input checked="" type="checkbox"/>	Nick Mitchell, Dr.	<input checked="" type="checkbox"/>	Crystal Stewart
Presenters			AHS			Public			
	Sara Gill, AHS Harm Reduction Services			Dr. Brenda Hemmelgarn, AHS Board			Cori Salmon		
	Dr. Nicholas Etches, MOH & Pub Hlth Med Off			Julie Kerr, SOO CRMH Calgary Zone					
	Dr. Nicole Sherren, SPO Palix Foundation			Rachel Dziver, CSAMH Lead Clinical Busin Sol					

Minutes are DRAFT and subject to approval at next meeting of the Addiction & Mental Health Provincial Advisory Council

<i>Agenda Item</i>	<i>Discussion</i>	<i>Action</i>
1. Approval of Agenda	ADD 8.4 Vice Chair – Geoff Tagg/All ADD 8.5 Council photo for Annual Report – Crystal/All Motion to approval Agenda with additions: Lindy Fors Motion carried.	Agenda approved with additions
2. Approval of Minutes	Motion to approve Minutes as circulated: Terry O’Riordan Motion seconded: Ariel Haubrich	Minutes approved as circulated

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	Motion carried.	
3. Approval of Addiction Mental Health Provincial Advisory Council Annual Report 2017/ 2018	AMH PAC Annual Report 2017/ 2018 provided with feedback changes incorporated. Motion to approve AMH PAC Annual Report as circulated: Emily Macphail Motion carried.	Addiction Mental Health Provincial Advisory Council Annual Report 2017/ 2018 approved as circulated
4. Approval of Addiction Mental Health Provincial Advisory Council Work Plan 2018/2019	AMH PAC Work Plan 2018/ 2019 provided with feedback changes incorporated Motion to approve AMH PAC Work Plan 2018/ 2019: Terry O’Riordan Motion carried.	Addiction Mental Health Provincial Advisory Council Work Plan 2018/ 2018 approved as circulated
5. Video Monitoring on AMH Inpatient Units Guideline	Rachel Dziver, AHS CSAMH Lead Clinical Business Solutions joined Council for this discussion. Video Monitoring of Patients AHS is reviewing use of video monitoring on AMH inpatient units. Working Group includes representation from AMH PAC and all AHS Zones. Specifically reviewing impacts on privacy and safety; implementation creates risk to client privacy, personal contact and therapeutic environment. DRAFT <i>Video Monitoring of Patients: Addiction and Mental Health Inpatient Units</i> reviewed. Feedback being sought; can be received after the meeting via email. Video monitoring of AMH inpatient units recommended from fatality inquiries held over recent years signaled need for AHS policy to address. Query whether the objectives of the policy as currently written are fundamentally sound? Yes – patient-focused but not focused on the patient. Call for Council support for direction in principle: Support in principle approved.	AHS AMH Inpatient Observation Levels Procedure will be circulated to Council members. COMPLETE AMH PAC supportive in principle of direction of Video Monitoring of Patients: Addiction Mental Health Inpatient Units. AHS AMH will take feedback received today regarding the Video Monitoring of Patients: Addiction Mental Health Inpatient Units for further consideration. Additional feedback may be provided via email.
6. Quarterly Reports		

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<p>6.1. CSAMH Addiction & Mental Health including Valuing Mental Health</p>	<p>Barry Andres provided an overview of four primary activities underway within AHS Provincial Addiction and Mental Health:</p> <p>Opioid Dashboard: reviewed. Number of deaths of individuals 45-60y is tabling while death rates in younger individuals is seeing dramatic increase. Number of clients receiving opioid dependency services is on the rise.</p> <p>Valuing Mental Health: Alberta Health <i>VMH Next Steps Report</i> and AHS <i>VMH Key Messages</i> provided for Council review. Prioritized initiatives have been aligned to VMH Strategic Goals with activities well underway.</p> <p>Concurrent Capable Standards: Handbook for patients and families, available online: http://albertaaddictionproviders.org/tms_amh_ecc_concurrent_capable_standards_handbook.pdf.</p> <p>Mental Health Capacity Building: AH has allocated \$5M to expand supports to children and youth at up to 15 new locations across Alberta. Currently serving 2,388 schools.</p>	
<p>6.2. Addiction & Mental Health SCN™</p>	<p>Allison Bichel and Dr. Nick Mitchell provided overview with updates on activities underway within the AHS AMH SCN.</p> <p>Helping Kids & Youth in Times of Emotional Crisis: Report and discovery are complete; work underway to implement recommendations.</p> <p>Pilot MH Peer Support in ED underway in Calgary Zone at Alberta Children’s Hospital; creating pathways for patients/ families experiencing mental health crisis to provide best support and avoid ED where appropriate.</p> <p>eMental Health for Youth and Young Adults: integrated, virtual mental health system for youth and young adults. Ties to ED work, ties to top three expressed patient complaints: substance misuse, anxiety and</p>	

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	<p>depression online screening and assessment, peer support and cognitive behavioural therapy.</p> <p>Supporting Child and Youth Mental Health Outcomes in Schools: PolicyWise has completed jurisdictional review of available services in Alberta schools; data under review.</p> <p>Opioid Pathways: management of patients with opioid use disorder through opioid agonist therapy; includes management of non-cancer chronic pain and acute pain.</p> <p>Peer Support: currently there are over 50 active mental health/substance-use peer support workers across the Province.</p> <p>rTMS: Zones are seeking funding from Foundations to support purchase of equipment and unit development.</p> <p>Choosing Wisely: ‘Sunsetting’ this work due to efforts underway by College of Physicians and Surgeons direction to reduce opioid prescription.</p>	
<p>6.3. Supporting Child and Youth Mental Health Outcomes in Alberta Schools</p>	<p>Covered with Item 6.2</p>	
<p>6.4. AHS Advisory Councils’ Council of Chairs</p>	<p>AMH PAC Chair unable to attend most recent meeting of Council of Chairs, which included Vice Chairs as identified. Discussions focused on clarification of roles and responsibilities.</p> <p>Council Awareness Campaign being planned – digital storytelling to raise profile of HACs and PACs.</p> <p>Meeting summary will be circulated as made available.</p>	<p>Circulate AHS Advisory Councils’ Council of Chairs Meeting Summary to Council Members as available from Community Engagement.</p>
<p>6.5. Provincial Addiction Counselling Practice Council</p>	<p>Seeking new Council representative</p> <p>Focus on development of new, and refresh of existing, policies and practices in addiction treatment centres.</p>	<p>Terms of Reference will be circulated to Council members with call for volunteer for AMH PAC representation. COMPLETE</p>

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6.6. Patient Safety Quality & Policy Working Group	Good response to consultation requests and documents circulated for feedback (Suicide Research Priorities/Perspectives and Residential Treatment and Detoxification Policy Suite). Feedback provided is valuable and ongoing support and response to virtual feedback requests are appreciated.	
6.7. AHS AMH Advisory Group: Harm Reduction for Psychoactive Substance Use Policy	Representatives unable to attend meetings as scheduled over past quarter; no report available.	
6.8. AHS AMH Video Monitoring on AMH Inpatient Units Guideline	Covered with Item 5.0	
6.9. Alberta Cannabis Secretariat Legalization Stakeholder – Managing Access and Promoting Public Health Round Table	Representative reported having not received correspondence related to this group in some time.	Crystal Stewart to query status of Cannabis Round Table and inclusion of AMH PAC representation; remove from Agenda if appropriate.
6.10. Addictions Recover and Community Health (ARCH) at Calgary PLC	Representative participated in teleconference: in-house at Calgary Peter Lougheed Centre seeking to improve clinician ability to support clients with addition in-hospital and through treatment. Related to ARCH program piloted then implemented at Edmonton Royal Alexandra Hospital led by Dr. Kathryn Dong (presented to AMH PAC Mar 2016). Program success recognized and being rolled out at PLC.	
6.11. Connect Care Direction and Adoption/ Validation – AMH Patient/ Family Advisory	Representative advised first session upcoming, no report at this time.	

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7. Outstanding Business 7.1.		
8. New Business 8.1. Mental Health Services for Children and Adolescents AHS & Alberta Children’s Hospital Foundation	<p>Two representatives attended announcement at Alberta Children’s Hospital 25 May for joint AHS/ACHF announcement of funding to support a new centre offering expanded mental health services for children and adolescents. Location planned for NW Calgary, adjacent to existing Youth Addictions Services in Hounsfield Heights, this new facility will provide mental health walk-in service, intensive outpatient therapy and a day hospital program.</p>	<p>AHS News Release, New centre will offer expanded mental health services for children and adolescents to be circulated to Council members. COMPLETE</p>
8.2. Mental Health in Emergency Departments resource impact for First Responders	<p>Link to 22 May 2018 Edmonton Journal article, <i>For Edmonton police, mental health calls mean countless hours sitting in hospital waiting rooms</i>, provided by Terry O’Riordan reviewed for discussion.</p> <p>Much work reported in Calgary Zone by the “Form 10 Committee”, inclusive of representatives from Calgary Police Services as well as community partners. Group is seeking to reduce the number of Form 10s in community by identifying alternative courses of action to address mental health crises, thereby reducing the amount of Police time to transfer custody of Form 10 patients to AHS Emergency Department. Goal of 90% of clients out of care of police within 90 minutes.</p> <p>Challenging issue with great variance in response between urban and rural geographies and availability of on-site security to receive custody.</p>	<p>Calgary Zone Form 10 Committee update will be included for information at future meetings.</p>
8.3. What Matters to You	<p><i>What Matters to You</i> will be the theme for the 2018 Advisory Councils’ Fall Forum – a wellness conversation.</p> <p>Council members are encouraged to fill out the <i>WMTY</i> form indicating what matters to them and have their picture taken for inclusion in presentation to be developed for Fall Forum.</p>	<p>Council members encouraged to complete <i>WMTY</i> form and have picture taken.</p>

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8.4. Vice Chair	Council Chair recommended establishment a Vice Chair for AMH PAC to fulfill obligations of Chair when Chair unavailable to do so. For address at 15 Sep 2018 AMH PAC meeting.	Vice Chair Nomination to be added to 15 Sep 2018 AMH PAC Agenda.
8.5. Council Photo	Council photo required for 2017/2018 AMH PAC Annual Report	COMPLETE
9. Recommendations for future meeting presentations	Recommended future presentations/presenters will be added for consideration/scheduling	Future Meetings document will be updated.
Next Meeting	14/15 September 2018 Acadia Room, Coast Edmonton Plaza Hotel (10155 105 Street, Edmonton)	

Meeting Evaluation and Adjournment	MEETING EVALUATION <i>11 received of 13 possible</i>	<i>Excellent</i>	<i>Good</i>	<i>Average</i>	<i>Below Average</i>	<i>Poor</i>
		Topics were related to the purpose of our Council	7	4		
	Topics were an effective use of time	9	2			
	Topics were enjoyable / interesting	9	2			
	Council member participation was	6	5			
	FEEDBACK					
	What was the most valuable thing accomplished?					
	<ul style="list-style-type: none"> • Greater understanding of current topics under discussion • Opioid response and Naloxone kits (3) It touched close to home • Discussion regarding Video Monitoring/Surveillance (3) Video Monitoring consultations because we were providing feedback • Presentations (2) Presentations/overviews were excellent! Very interesting and uplifting. • New knowledge & info – especially within my area of interest 					
	What did you enjoy most at this meeting?					
	<ul style="list-style-type: none"> • Interaction with other Council Members (3) Listening to feedback on various topics from participants and members • A good discussion; Naloxone provision demonstration was great (4) • The meeting was extremely good (2) • AHS representation/SME participation 					

	<ul style="list-style-type: none">• Updates on existing programs as well as the development of new programs. This gives the sense that things are progressing.• SCN updates
	What did you enjoy least or what would you change? Other comments:
	<ul style="list-style-type: none">• Presentations are a little long – more discussions after• More time on consultations, less on information sessions
	Other Comments: <ul style="list-style-type: none">• Maybe create a small group discussion like speed dating to connect with different people